

bet3655

We know that most people say they enjoy horror, but there's still a sizeable chunk of the population somewhere between a quarter and a third who say they don't like the stuff (Clasen et al., 2024). Why Some People Don't Like Horror Movies | Psychology Today : blog : why-we-love-horror : why-some-peo...

People seek horror entertainment for thrill and adventure, but studies have found mental health benefits in viewing scary movies, including stress release, managing real-life fears, and gradually reducing the impact of stressors through exposure to danger and fear in a controlled environment. The mental health benefits of watching horror movies: it can't make real life ...

He was killed in the series finale while taking on a nest of vampires, but his ultramarathoner mentality was the real key. He was a pussy, not a hero. ...